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3 Brief Report

4 Title

5 A commercial anti-TIF1 γ ELISA is superior to line and dot blot and
6 should be considered as part of routine myositis-specific antibody
7 testing.

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16

17 1) Abstract

18 Objectives: Anti-TIF1 γ is an important autoantibody in the diagnosis of cancer-associated
19 dermatomyositis and the most common autoantibody in juvenile onset dermatomyositis. Its
20 reliable detection is important to instigate further investigations into underlying malignancy
21 in adults. We previously showed that commercial assays using line and dot blots do not
22 reliably detect anti-TIF1 γ . We aimed to test a new commercial ELISA and compare with
23 previously obtained protein immunoprecipitation.

24 Methods: Radio-labelled immunoprecipitation had previously been used to determine the
25 autoantibody status of patients with immune-mediated inflammatory myopathies and
26 several healthy controls. ELISA was undertaken on healthy control and anti-TIF1 γ sera and
27 compared to previous immunoprecipitation data.

28 Results: A total of 110 serum samples were analysed: 42 myositis patients with anti- TIF1 γ
29 and 68 autoantibody negative healthy control sera. Anti-TIF1 γ was detected by ELISA in 41
30 out of 42 of the anti-TIF1 γ -positive samples by immunoprecipitation, and in none of the
31 healthy controls, giving a sensitivity of 97.6% and specificity of 100%. The false negative rate
32 was 2%.

33 Conclusion: ELISA is an affordable and time-efficient method which is accurate in detecting
34 anti-TIF1 γ .

35

36 Keywords

37 IIMs, DM, TIF1 γ , ELISA, cancer, autoantibodies, myositis

38

39

40 2) Introduction

41 The ability to detect myositis -specific and -associated antibodies (MSAs and MAAs), which
42 can be found in the sera of 60 – 70% patients with immune-mediated inflammatory
43 myopathies (IIMs) (1), has greatly improved the diagnosis and phenotyping of these rare
44 diseases. Not only do they aid diagnosis, but they also guide further investigation and
45 management (2). For instance, it is well-known that IIMs, and dermatomyositis (DM) in
46 particular, are strongly linked with cancer, with estimates varying between 7 and 32 % (3).

47 Anti-transcription intermediary factor 1 γ (TIF1 γ) autoantibodies are found in both juvenile
48 dermatomyositis (JDM) and adult IIMs. They are present in 7% of European adults with DM
49 and 20 – 30% of children affected by JDM (2). Strikingly, 38 – 84% of patients adult DM
50 patients \geq 39 years of age who are TIF1 γ -positive in both European and Japanese cohorts
51 develop cancer in the 3 years before and after DM diagnosis (4–6). Anti-TIF1 γ detection in
52 patients with a new diagnosis of DM \geq 39 years of age may therefore prompt a thorough
53 investigation for the detection of cancer and reduce cancer mortality rates, making the
54 accurate detection of anti-TIF1 γ a research priority.

55 Currently the reference standard in the detection of MSAs is immunoprecipitation (IP) due
56 to its ability to detect well-described and novel autoantibodies. However, this technique is
57 impractical for use in clinical practice owing to its expense and the length of time it takes to
58 reach a result which usually takes a minimum of 2 – 3 weeks. For this reason, several
59 commercially available immunoassays have become available which are low cost, easy to use,
60 and are reported to detect an array of MSAs. However, these immunoassays are subject to
61 both false positives and false negatives. A number of them have recently been tested by our
62 group and others (7,8). In particular, anti-TIF1 γ was found to be particularly problematic with
63 false negatives found in 40% samples analysed by line blot and 76% by dot blot (7). Espinosa-
64 Ortega *et al.* (8) also found low concordance between anti-TIF1 γ detected by line/dot blot
65 and immunoprecipitation, with a Cohen's kappa of 0.56. This is likely because anti-TIF1 γ
66 frequently target a conformational epitope, meaning the tertiary antigen structure is required
67 to remain intact to be recognised by the autoantibody (9). Whereas line and dot blot
68 immunoassays utilise denatured antigen, enzyme-linked immunosorbent assays (ELISAs)

69 maintain the tertiary structure of the protein. Fujimoto *et al.* (10) recently tested a newly-
70 developed ELISA in a Japanese cohort of patients with a spectrum of IIMs, and found this
71 approach to be highly effective with 100% sensitivity and specificity which was a result
72 comparable to immunoprecipitation.

73 In this study, we aimed to test the same commercial ELISA kit (Medical & Biological
74 Laboratories Co. Ltd., Nagoya, Aichi, Japan) for the detection of TIF1 γ autoantibodies in a
75 European cohort of adult IIM patients and compared results with samples previously analysed
76 using immunoprecipitation .

77

78 3) Methods

79 Sample selection

80 Myositis serum samples used in this study were chosen as previously described (7) from a
81 biobank of more than 3000 samples collected for research or diagnostic purposes (2,11). All
82 serum samples had previously been analysed by immunoprecipitation locally and contain at
83 least one MSAA. Twenty-five anti-TIF1 γ samples had also been previously analysed by line
84 and dot blot (7). Briefly, sera were stored at -20°C prior to analysis in a facility at the University
85 of Bath. The study had ethical approval through the host Institute (University of Bath EIRA
86 reference number 17-01211). All samples from research cohorts had existing ethics in place.

87 ELISA

88 ELISA was performed on 5 μ L of diluted serum sample as per the manufacturer's instructions
89 (Medical & Biological Laboratories Co. Ltd., Nagoya, Aichi, Japan). All samples were run in
90 duplicate. Briefly, samples were thawed and diluted to a 1:101 concentration and incubated
91 on a microwell plate for 30 minutes. Wells were then incubated with a horseradish
92 peroxidase-conjugated goat anti-human IgG antibody conjugate for 30 minutes followed by a
93 TMB/peroxide substrate for 15 minutes. The reaction was terminated by 0.25 mol/L sulfuric
94 acid. All incubations took place at room temperature with 4 wash cycles between steps. The

95 absorbance of each well was read on a FLUOstar Omega microplate reader (BMG Labtech
96 Ltd., Aylesbury, Buckinghamshire, Great Britain) at 450 nm wavelength. Positive and negative
97 cut off values were calculated according to previous work described by Fujimoto *et al.* (10)
98 and expressed in arbitrary units (au).

99 Immunoprecipitation

100 Radio-immunoprecipitation had been previously undertaken as described by Tansley *et al.*
101 (7). Briefly, sera were mixed with protein-A-Sepharose beads and a ³⁵(S)methionine
102 radiolabelled K562 cell extract, followed by fractionation by SDS-PAGE and analysis by
103 autoradiography. A characteristic doublet band at 155/140 was read as being positive for
104 TIF1 γ (12).

105 Data analysis

106 Statistical analysis was undertaken using Prism 9 version 9.2.0 for macOS (GraphPad
107 Software, LLC., San Diego, CA, USA). Confidence intervals (CI) are expressed at 95%.

108

109 4) Results

110 A total of 110 serum samples were analysed, of which 42 were known to have anti-TIF1 γ and
111 68 were healthy control sera. Immunoprecipitation data was held for all samples. Diagnoses
112 included DM (n=27), clinically amyopathic DM (n=4), JDM (n=5), polymyositis (n=4), and
113 overlap syndrome (n=2). All HC samples tested were autoantibody negative by
114 immunoprecipitation.

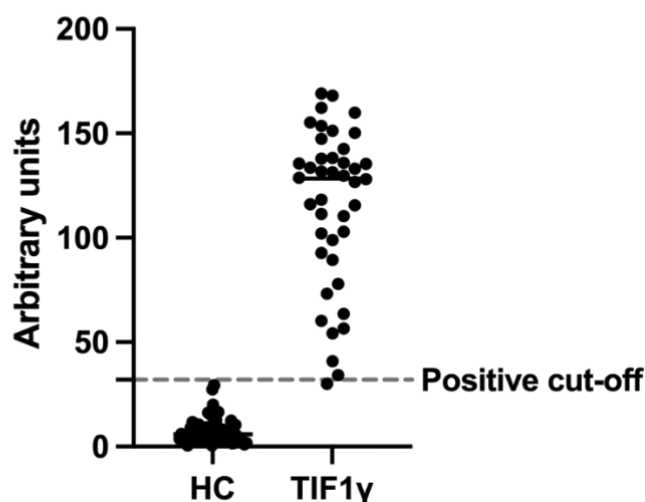
115 Commercial TIF1 γ ELISA performed as well as immunoprecipitation

116 Forty-one patient samples with anti-TIF1 γ tested positive by ELISA as defined by a cut-off
117 point of 32 au. None of the HC samples tested positive using this cut-off point. The remaining
118 anti-TIF1 γ positive sample was just under the cut-off for positivity (30.2 au). This gives an area
119 under the ROC curve (AUC) of 0.988 (CI 0.961 – 1.000, P < 0.0001) which is equivalent to

120 sensitivity of 97.6% (CI 87.7% - 99.9%) and a specificity of 100% (CI 94.65% - 100%). In this
121 case, Cohen's Kappa would give a value of 1.

122 Quantitative results for the ELISA values are shown in figure 1. Briefly, the median ELISA assay
123 result for HC samples was 5.99 au. (median CI 4.74 – 7.87) and for the TIF1 γ samples was
124 128.5 au. (median CI 110.4 – 135.4).

Figure 1. TIF1 γ ELISA values



125

126 **Figure 1. TIF1 γ ELISA values for 68 healthy controls and 42 TIF1 γ serum samples**

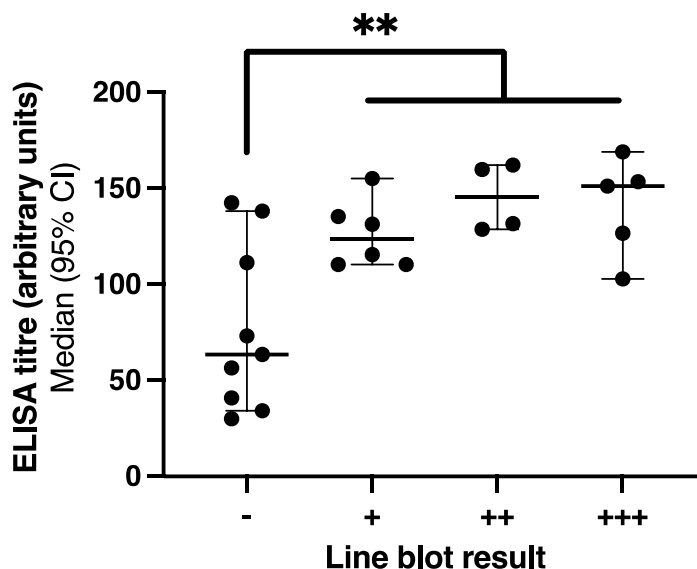
127 Graph showing the relative ELISA titres for healthy control and TIF1 γ samples expressed in
128 arbitrary units for each individual serum sample (circles). Dashed line represents the positive
129 cut-off point as previous described (10). All 68 healthy control (HC) samples were underneath
130 the cut-off and all but one of the 42 TIF1 γ samples were above the cut-off. The TIF1 γ sample
131 below the cut-off had a weak band in the 140/155 kDa region.

132 **Low anti-TIF1 γ ELISA titres are associated with false negative line blot results**

133 Given that our group previously tested 25 anti-TIF1 γ samples by line blot, we were able to
134 compare ELISA titres in this study with this data to try and understand which samples might
135 test negative by line blot. The results are shown in figure 2. All anti-TIF1 γ positive samples
136 by ELISA with low titres (between 30 – 100 au.) tested negative by line blot. However, 3 out
137 of the 9 samples testing negative by line blot had high anti- TIF1 γ titres (> 100 au.). The
138 difference in ELISA titres between those testing negative and positive by line blot was
139 statistically significant (P = 0.0041, two-tailed Mann-Whitney test), suggesting that lower

140 anti-TIF1 γ antibody titres lead to false negative line blot results. Similarly, dot blot samples
141 returned only 7/24 (29%) true positives out of the anti-TIF1 γ samples that tested positive by
142 ELISA and immunoprecipitation.

Figure 2. Comparison of anti-TIF1 γ ELISA titre and line blot result



143

Figure 2. Comparison of anti-TIF1 γ ELISA titre and line blot result

144

145 Graph showing a comparison between anti-TIF1 γ ELISA titre and line blot result, as previously
146 tested by our group (7). ELISA titres are expressed in arbitrary units and calculated as per the
147 manufacturer's instructions. Lines and error bars represent median values with 95%
148 confidence intervals. The line blot results are expressed as negative (-), low positive (+),
149 moderately positive (++), and high positive (+++). The median ELISA values for negative, low
150 positive, moderately positive, and high positive results were 63.5 au., 123.5 au., 145.8 au.,
151 and 151.2 au., respectively. A two-tailed Mann Whitney test comparing ELISA titres between
152 negative (-) and positive (+, ++, +++) line blots found a statistical difference between the two
153 groups ($P = 0.0041$).

154

155 5) Discussion

156 This data has shown that accurate detection of anti-TIF1 γ can be achieved by ELISA and
157 confirms the findings made by Fujimoto *et al.* (10). The accuracy of detection is high and
158 would be acceptable for use in clinical practice. Compared to other cost- and time- effective
159 methods such as line and dot blot which have false negative rate of 40% - 70% (7), this data

160 found that ELISA has a false negative rate of 1/42 (2%). This data has also shown that anti-
161 TIF1 γ titre correlates with a positive line blot result. This result is not unexpected given that
162 the line blot is a semi-quantitative method of detecting autoantibodies. Importantly, where
163 ELISA was able to detect samples with low titres of anti-TIF1 γ (between 30 – 100 au.), line
164 blot was unable to do so. Line blot also failed to detect some samples with high anti-TIF1 γ
165 titres (> 100 au.). Taken together, anti-TIF1 γ ELISA performs better than line blot in detecting
166 this clinically important autoantibody.

167 Anti-TIF1 γ status by immunoprecipitation was determined by recognition of 155/140kDa
168 bands alongside an anti-TIF1 γ standard control. It remains possible that the sample negative
169 by ELISA has an unknown autoantibody with an identical band pattern although this would
170 seem unlikely. Furthermore, the sample produced an ELISA result just below the positive
171 threshold and may simply be a low-titre positive. The ELISA threshold could be adjusted to
172 reduce the likelihood of this occurring, but this is likely to lead to some false positives. The
173 most appropriate cut-off threshold may depend on the clinical context, for example, a low
174 false positive rate may be tolerable in patients with confirmed dermatomyositis to inform the
175 intensity of malignancy screening.

176 The current study was not designed to investigate the relationship between anti-TIF1 γ titres
177 and cancer detection rates. It would, however, be useful to investigate how anti-TIF1 γ titre
178 using ELISA correlates with malignancy. Recent work by Fiorentino *et al.* (13) found anti-TIF1 γ
179 titre positively correlated with cancer detection rate in DM, ranging from 8% detection for
180 low titres to 36% detection for high titres. Furthermore, some of our healthy control samples
181 had low anti-TIF1 γ titres just below the positive cut-off and it would be of interest to
182 investigate if these healthy subjects had a higher malignancy rate compared to a negative
183 anti-TIF1 γ control population.

184 The detection of anti-TIF1 γ in adult DM patients should be considered a red flag for
185 malignancy (4–6). Accurate and timely detection of anti-TIF1 γ autoantibodies is therefore
186 vital for these patients to ensure underlying malignancy is diagnosed and treated promptly.
187 We suggest that, when investigating IIMs, anti-TIF1 γ ELISA is undertaken alongside, ANA
188 testing and a multiplex immunoblot assay to ensure accurate detection of this important
189 autoantibody.

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191 Rheumatic Diseases. ELISA kits were provided by MBL.

192 Disclosure statement: The authors have declared no conflicts of interest.

193 Key messages

- 194 1. Anti-TIF1 γ is a key autoantibody in the diagnosis of cancer-associated
195 dermatomyositis and juvenile dermatomyositis
- 196 2. ELISA is a quick and easy method in accurately detecting anti-TIF1 γ autoantibodies
- 197 3. Diagnosis of IIMs should include ANA immunofluorescence, line or dot blot, and anti-
198 TIF1 γ ELISA

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