Functional ESCRT machinery is required for constitutive recycling of claudin-1 and maintenance of polarity in vertebrate epithelial cells

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ABSTRACT Genetic screens in Drosophila have identified regulators of endocytic trafficking as neoplastic tumor suppressor genes. For example, Drosophila endosomal sorting complex required for transport (ESCRT) mutants lose epithelial polarity and show increased cell proliferation, suggesting that ESCRT proteins could function as tumor suppressors. In this study, we show for the first time to our knowledge that ESCRT proteins are required to maintain polarity in mammalian epithelial cells. Inhibition of ESCRT function caused the tight junction protein claudin-1 to accumulate in intracellular vesicles. In contrast E-cadherin and occludin localization was unaffected. We investigated the cause of this accumulation and show that claudin-1 is constitutively recycled in kidney, colon, and lung epithelial cells, identifying claudin-1 recycling as a newly described feature of diverse epithelial cell types. This recycling requires ESCRT function, explaining the accumulation of intracellular claudin-1 when ESCRT function is inhibited. We further demonstrate that small interfering RNA knockdown of the ESCRT protein Tsg101 causes epithelial monolayers to lose their polarized organization and interferes with the establishment of a normal epithelial permeability barrier. ESCRT knockdown also reduces the formation of correctly polarized three-dimensional cysts. Thus, in mammalian epithelial cells, ESCRT function is required for claudin-1 trafficking and for epithelial cell polarity, supporting the hypothesis that ESCRT proteins function as tumor suppressors.

INTRODUCTION Epithelial tissues are characterized by a polarized cellular architecture and specialized cell–cell junctions. These include desmosomes and adherens junctions that mediate cell adhesion and tight junctions that control paracellular movement of molecules across epithelial sheets (Getsios et al., 2004; Shin et al., 2006; Niessen and Gottardi, 2008). Each of these epithelial junctions consists of multiple proteins, for example, tight junctions contain transmembrane proteins, such as occludin and claudins, and membrane-associated proteins, such as ZO-1. The molecules responsible for recruiting these proteins into functional junctions and generating polarized tissues include a number of polarity complexes and signaling proteins (Suzuki and Ohno, 2006; Goldstein and Macara, 2007; Bryant and Mostov, 2008). Epithelial junctions, once established, are dynamic structures that are constantly being remodeled (Shen et al., 2008; Steed et al., 2010). Understanding the mechanisms responsible for the formation, maintenance, and remodeling of epithelial junctions is crucial, as alterations in cell junctions have been linked to a wide range of pathological conditions, such as cancer and inflammatory bowel diseases (Yang and Weinberg, 2008; Yu and Turner, 2008; Capaldo and Nusrat, 2009; Brennan et al., 2010).
There is growing evidence of links among endocytosis, regulation of epithelial junctions (Ivanov et al., 2005), and cell polarity (Shivas et al., 2010). For example, mutants in Drosophila endosomal sorting complex required for transport (ESCRT) machinery components lose epithelial cell polarity and show a dramatic tissue overgrowth phenotype (Moberg et al., 2005; Thompson et al., 2005; Vaccari and Bilder, 2005, 2009; Herz et al., 2006, 2009; Rodahl et al., 2009; Vaccari et al., 2009). The ESCRT machinery is conserved from yeast to mammals and is made up of ESCRT-0, -I, -II, and -III subcomplexes, each consisting of multiple ESCRT proteins. These proteins have a well-established role in the trafficking of ubiquitylated transmembrane proteins to lysosomes for degradation (Hurley and Emr, 2006; Raiborg and Stenmark, 2009). They are believed to function in the selection of cargo, invagination of endosome membranes, and scission of the invaginations to form intraluminal vesicles (Hurley and Emr, 2006; Raiborg and Stenmark, 2009).

This pathway is important for attenuating signaling from growth factor receptors, such as the epidermal growth factor receptor (EGFR; Malerod et al., 2007). In addition to blocking the degradative pathway, inhibition of ESCRT function has been reported to cause defects in the recycling of transmembrane proteins (Yoshimori et al., 2000; Fujita et al., 2003; Dooyte et al., 2005; Baldys and Raymond, 2009). These effects may be due to a loss of endosomal domain organization, caused by inhibition of the degradative pathway (Woodman, 2009), and suggest an interdependence between different endocytic trafficking routes. However, a requirement for ESCRT proteins in recycling to the plasma membrane is controversial, as other studies report that inhibiting ESCRT function causes an increase or has no effect on recycling (Babst et al., 2000; Razi and Futter, 2006; Raiborg et al., 2008).

Finally, ESCRT proteins are involved in other processes requiring membrane fission, such as cytokinesis, autophagy, and viral budding (Garrus et al., 2001; Martin-Serrano et al., 2003; Zamborlini et al., 2006; Carlton and Martin-Serrano, 2007; Rusten et al., 2007; Dukes et al., 2008). The striking loss of polarity and overgrowth phenotypes seen in Drosophila ESCRT mutants suggests that ESCRT proteins could act as tumor suppressors. However, although the ESCRT pathway has been linked to stimulus-induced degradation of cell adhesion and junction proteins (Palacios et al., 2005; Leithe et al., 2009; Lobert et al., 2010), a role, if any, for the ESCRT proteins in maintaining epithelial polarity in vertebrates has not been determined.

In this study, we investigate for the first time to our knowledge whether ESCRT protein function is required for epithelial cell polarity and junction formation in mammalian epithelial cells. We show that the tight junction protein claudin-1 accumulated on intracellular vesicles after inhibition of ESCRT function in epithelial cell lines, while the localization of E-cadherin, occludin, and ZO-1 appeared normal. We investigated the possible causes of the intracellular accumulation, and found that claudin-1 is constantly endocytosed and recycled back to the plasma membrane in different epithelial cell types. This recycling requires ESCRT function, explaining the accumulation of intracellular claudin-1 when ESCRT function is inhibited. We further demonstrate that the ESCRT protein Tsg101 is required for maintaining a polarized monolayer in human epithelial cells and for the establishment of a normal epithelial permeability barrier. Finally, we show that Tsg101 is required for correct formation of threedimensional cysts. Thus ESCRT function is required for the recycling of claudin-1 and maintenance of polarity in mammalian epithelial cells.

**RESULTS**

ESCRT function is required for the correct localization of claudin-1 in epithelial cells

To investigate whether perturbation of ESCRT function affects cell polarity in vertebrate epithelial cells, we used two dominant negative ESCRT constructs. The first was a CHMP3-1–179 GFP construct that has the C-terminal autoinhibitory domain removed (Whitley et al., 2003; Zamborlini et al., 2006; Shim et al., 2007). CHMP3-1–179-green fluorescent protein (CHMP3-1–179 GFP) was expressed in MDCK cells, a canine kidney cell line commonly used to study epithelial polarity. CHMP3-1–179 GFP accumulated on intracellular vesicular structures (Figure 1), a phenotype similar to that observed in other cell lines (Dukes et al., 2008). The tight junction proteins occludin and ZO-1 and the adherens junction protein E-cadherin showed the same localization in CHMP3-1–179 GFP-expressing cells as control cells (Figure 1, A–C). The apical marker GP135/podocalyxin and the basolateral marker numb were also correctly localized (Figure S1A). However, the localization of claudin-1 was markedly different in CHMP3-1–179 GFP-expressing cells in comparison to adjacent nontransfected cells (Figure 1D). Control cells contained small amounts of internal claudin-1, but levels of intracellular claudin-1 were greatly increased in CHMP3-1–179 GFP-expressing cells (Figure 1D, arrowhead in Z-projection). A similar phenotype was also seen with claudin-2 (Figure S7A). Despite the intracellular accumulation of claudin-1, some remained at the junctions and along the lateral membrane (Figure 1D), as seen in nontransfected cells. The additional intracellular claudin-1 accumulated in large vesicular structures, and there was extensive colocalization between the internal claudin-1 and the dominant negative CHMP3-1–179 GFP compartment (Figures 1D and S1B). Claudin-1 distribution was not affected by the expression of GFP alone (Figure 1E).

The second dominant negative mutant used was a GFP-tagged ATPase-defective Vps4 construct, GFP-Vps4E235Q (Bishop and Woodman, 2000; Whitley et al., 2003). Similar to the phenotype produced by expressing CHMP3-1–179 GFP, this construct resulted in the accumulation of GFP-Vps4E235Q and claudin-1 on large vesicular compartments when expressed in MDCK cells (Figure S2B). The cellular distribution of ZO-1 was indistinguishable from nonexpressing cells, localizing almost exclusively to cell surface junctions (Figure S2A). Claudin-1 distribution was unchanged after expression of a GFP-Vps4D40 construct that does not alter endosomal trafficking (Figure S2C).

To assess whether the requirement of ESCRT function for the junctional localization of claudin-1 is specific to kidney-derived MDCK cells, we investigated the distribution of junction proteins in the human colon cancer-derived CaCo-2 cell line. Inhibition of ESCRT function with CHMP3-1–179 GFP produced the same phenotype as seen in MDCK cells, an increase in intracellular claudin-1 (Figure S3A) and normal occludin, E-cadherin, and ZO-1 localization (Figure S3, B–D).

**Internal claudin-1 and CHMP3-1–179 GFP partially colocalize with ubiquitin and the transferrin receptor**

To establish the identity of the CHMP3-1–179 GFP/claudin-1–positive intracellular vesicles, we examined the localization of ubiquitin and a range of markers for endomembrane compartments. There was a dramatic increase in the amount of ubiquitin-positive structures in CHMP3-1–179 GFP-transfected cells in comparison to nontransfected cells (Figure 2A), consistent with our previous work in Cos-7 and HeLa cells (Dukes et al., 2008). Accumulation of ubiquitin is also seen in Drosophila ESCRT mutants (Moberg et al., 2005; Thompson et al., 2005; Vaccari et al., 2005; Vaccari and Bilder, 2005, 2009; Herz et al., 2006, 2009;
FIGURE 1: Perturbing ESCRT function in MDCK cells results in an intracellular accumulation of claudin-1. CHMP3\textsuperscript{1-179}GFP-expressing MDCK cells were stained with antibodies against: (A) occludin, (B) ZO-1, (C) E-cadherin, and (D) claudin-1. Claudin-1 accumulates intracellularly and extensively overlaps with the CHMP3\textsuperscript{1-179}GFP compartment. Z-sections are displayed below each of the panels and arrows indicate junctional region of CHMP3\textsuperscript{1-179}GFP-expressing cells (*). Arrowheads show internal overlap of claudin-1 and CHMP3\textsuperscript{1-179}GFP (green) are shown together with merged images and DAPI (blue; right panels). Scale bar: 10 μm.

FIGURE 2: Perturbing ESCRT function in MDCK cells results in ubiquitin and TFR accumulation. CHMP3\textsuperscript{1-179}GFP-expressing MDCK cells were stained with antibodies against: (A) ubiquitin, (B) EEA-1 (early endosomes), (C) M6PR (late endosomes), (D) furin convertase (TGN), (E) LAMP-1 (lysosomes), (F) Rab11 (recycling endosomes), and (G) TFR (a recycled protein). Expression of CHMP3\textsuperscript{1-179}GFP caused accumulation of ubiquitin and TFR. The distribution of the other markers was unchanged. Antibody staining (red), CHMP3\textsuperscript{1-179}GFP (green), and nuclei stained with DAPI (blue) are shown together with merged images (right panels). Scale bar: 10 μm.
Rodahl et al., 2009; Vaccari et al., 2009). The ubiquitin partially colocalized with the CHMP3$^{1-179}$GFP (Figure 2A) and triple labeling showed partial colocalization among CHMP3$^{1-179}$GFP, claudin-1, and ubiquitin (Figure 3A, arrow). This suggests that the dominant negative mutant is altering the flux of ubiquitylated proteins through the endocytic system. Intriguingly, the dominant negative did not markedly alter the distribution of the early endosomal marker EEA1, the late endosomal marker mannose-6-phosphate receptor (M6PR), the trans-Golgi network marker furin convertase, the lysosomal marker LAMP1, or the apical recycling endosome marker Rab11 (Figure 2, B–F). There was also no significant colocalization between the dominant negative compartment and these markers. This is in contrast to previous work in nonpolarized Cos-7 and HeLa cells, where early and late endosomal markers colocalized to the same compartment as CHMP3$^{1-179}$GFP (Dukes et al., 2008). In polarized MDCK cells, transferrin is proposed to traffic through common recycling endosomes (Leung et al., 2000) and, interestingly, the transferrin receptor (TfR) accumulated in CHMP3$^{1-179}$GFP-expressing cells (Figure 2G). Low levels of CHMP3$^{1-179}$GFP, which still caused claudin-1 accumulation, did not cause TfR accumulation (Figure 3B), but cells with higher levels of CHMP3$^{1-179}$GFP showed accumulation of TfR (Figure 3, C and D). The intracellular TfR partially colocalized with CHMP3$^{1-179}$GFP and the intracellular claudin-1 (Figure 3D, arrow). These results show that inhibiting ESCRT function in vertebrate epithelial cells does not alter the localization of several markers of endomembranes, but does cause the accumulation of intracellular ubiquitin and TfR, both of which partially colocalize with the intracellular claudin-1.

### Claudin-1 is continually endocytosed and recycled to the cell surface in diverse epithelial cell types

Inhibition of ESCRT function leads to intracellular accumulation of claudin-1 (Figures 1 and 3) and ESCRT function is required for the degradation of selected membrane proteins (Raiborg and Stenmark, 2009). Therefore an inability of claudin-1 to be trafficked to lysosomes for degradation could explain its intracellular...
accumulation. However, perturbation of ESCRT function may also inhibit the recycling of transmembrane proteins and other endosomal sorting events (Yoshimori et al., 2000; Fujita et al., 2003; Doyotte et al., 2005; Baldys and Raymond, 2009). The intracellular claudin-1 also partially colocalizes with TfR, which is a recycled cargo. Thus intracellular accumulation of claudin-1 could be a result of inhibiting endocytic recycling.

To investigate the trafficking of claudin-1 and occludin in MDCK cells, we used a surface biotinylation assay. Surface claudin-1 and occludin were detected after labeling with a membrane- impermeant biotin label (Figure S4A, surface biotin) but not in pulldowns from mock treated cells, demonstrating that the pulldown is specific to biotinylated proteins (Figure S4A, nonspecific). The biotin was also efficiently removed from labeled proteins by surface stripping (Figure S4A, strip control). For the endocytosis assay (Figure S4B), surface proteins on MDCK cells were labeled at 4°C. Following this, the cells were placed at 37°C to allow trafficking, biotin was stripped from surface proteins, and analysis of the remaining biotinylated proteins was performed. Only those proteins that are surface-labeled and then endocytosed will be resistant to surface stripping. Following a 60-min incubation at 37°C, ~35% of the biotinylated claudin-1 was resistant to surface stripping, showing that a significant amount of claudin-1 is endocytosed (Figure S4B, “Endocytosis 60 min”). The endocytosis is rapid as the amount of internal claudin-1 reached a plateau by 30 min (Figure S4C). Biotinylated occludin resistant to surface stripping could not be detected (Figure S4B, “Endocytosis 60 min”), suggesting that in MDCK cells occludin is not endocytosed in this time frame.

The fate of the endocytosed claudin-1 was then investigated. MDCK cells were labeled as described in the preceding paragraph and incubated at 37°C for 1 h to allow endocytosis. Cells were surface-stripped of biotin and incubated again at 37°C for 20 min. Following this second 37°C incubation, cells were surface-stripped for a second time or mock-treated. The second stripping removes biotin from endocytosed proteins that have returned to the cell surface, so recycling would be shown by a reduction in signal in the recycling lane relative to the degradation control. This revealed that the majority of internalized claudin-1 returns to the cell surface (Figure 4A, “Recycling 20 min”). When cells were incubated for the second time but not stripped, there was no reduction in levels of biotinylated claudin-1 (Figure 4A, “Degradation control”). This is an important result that demonstrates the loss of biotinylated claudin-1 is not because it is targeted for degradation. The biotinylation assays demonstrate that claudin-1, but not occludin, is constantly endocytosed and then recycled back to the plasma membrane in MDCK cells. It is possible that this dynamic endocytosis and recycling of claudin-1 occurs in cells that have just reached confluence, but not in more mature monolayers. Recycling of claudin-1 was therefore investigated in MDCK cells that had been confluent for 10 d rather than 3 d. No difference in the amount of endocytosis or recycling was observed in MDCK cells with the more mature junctions (Figure S4D). The surface biotinylation assay also confirmed that TfR is endocytosed and recycled (Figure S4E) as expected (Leung et al., 2000).

To establish whether claudin-1 recycling is a common feature of epithelial cells, we performed the biotinylation assay on CaCo-2 cells and 16-HBE cells, a human bronchial epithelial cell line (Figure 4, B and C). The results show that claudin-1 is continuously endocytosed and recycled in both of these cell types, with only a very small proportion of claudin-1 being targeted for degradation (Figure 4, B and C). However, whereas endocytosis of occludin was not observed in the MDCK cells, ~40% of surface-labeled occludin was internal in CaCo-2 and 16-HBE cells following 60 min of incubation at 37°C. In these cell lines, the fate of internalized occludin was split between degradation and recycling back to the plasma membrane (Figure 4, B and C). To summarize, claudin-1 is endocytosed and recycled in all cell lines tested. This is in contrast to occludin that is endocytosed, then degraded or recycled in CaCo-2 and 16-HBE cells, but not endocytosed in MDCK cells.

ESCRT function is required for the continuous recycling of claudin-1

The demonstration that claudin-1 is continually recycled suggests a block in recycling could cause the intracellular accumulation of claudin-1 seen in cells expressing dominant negative ESCRT proteins. Testing this hypothesis with the biochemical assay requires that the dominant negative be expressed in a high percentage of cells. To achieve this, we used an adenovirus system, which gave expression in virtually all cells (Figure 5A). Expressing the CHMP3-179GFP protein caused a striking inhibition of claudin-1 recycling, from 65% of the endocytosed protein in controls to just 4% in CHMP3-179GFP adenovirus-infected cells (Figure 5, B and C). There was also an increase in the amount of endocytosed protein and a reduction in surface claudin-1 (Figure 5, C and D). Consistent with the accumulation of TfR seen after expressing CHMP3-179GFP, the recycling of TfR was also inhibited (Figure S5). This shows for the first time to our knowledge that ESCRT function is required for the recycling of claudin-1.

Tsg101 is required to maintain a polarized single-layered epithelial barrier

The dominant negative ESCRT experiments showed ESCRT function is required for the recycling of claudin-1, but it remained to be established whether ESCRT function is required to maintain epithelial polarity in vertebrates as it is in Drosophila. To study the requirement of ESCRT proteins in maintaining polarity, we used small interfering RNA (siRNA) knockdown of the ESCRT-I protein Tsg101. This protein was chosen because it was initially identified as a potential tumor suppressor in mammalian cells (Li and Cohen, 1996), and it was one of the first ESCRT proteins shown to be required for polarity in Drosophila (Moberg et al., 2005). CaCo-2 cells, rather than MDCK cells, were used due to the availability of siRNA reagents for human genes.

Efficient knockdown of Tsg101 was confirmed by immunoblotting (Figure 6A), and analysis of the resulting phenotype demonstrated there were large areas where the cellular architecture appeared disrupted (Figure 6B, arrow). In these regions, the normal single-layered organization was lost, and multilayered stacks of cells formed (Figure 6C). In other areas, the cells appeared to maintain their normal monolayered organization (Figure 6B, arrowhead).

Analysis of junction and polarity markers in Tsg101 knockdown cells showed that accumulation of internal claudin-1, partially colocalized with ubiquitin, was observed in regions that maintained monolayered organization (Figure 6D). Intracellular claudin-4 also accumulated (Figure S7B). In contrast, there did not appear to be any internal accumulation or disruption of desmoglein 2 (a desmosome marker), occludin, E-cadherin, or ZO-1 (Figure S6). This phenotype is consistent with results using the dominant negative ESCRT constructs. However, in the multilayered regions formed after Tsg101 knockdown, a much more pronounced polarity defect was observed. In these regions, correct apicobasal polarity was disrupted, and many cells were incorrectly oriented relative to the epithelial sheet (Figure 7). To establish if Tsg101 knockdown had a functional impact on epithelial barrier formation, transepithelial resistance (TER) was monitored. Tsg101 knockdown significantly reduced TER compared with control at all time points measured (Figure 8A),
FIGURE 4: Claudin-1 is constitutively endocytosed and recycled back to the plasma membrane in different epithelial cell types. The surface biotinylation, endocytosis, and recycling assay was performed on: (A) MDCK cells, (B) CaCo-2 cells, and (C) 16-HBE cells. Lanes marked “Surface biotinylated” represent the initial biotinylated protein at the cell surface; “Endocytosis 60 min” is the internal biotinylated protein that is resistant to surface stripping. Degradation is shown by a reduction of signal in the “Degradation control” lane in comparison to the “Endocytosis 60 min” lane. Recycling is the reduction of signal in the “Recycling 20 min” lane relative to the “Degradation control” lane. The data shown graphically are the means ± SD from four independent experiments.
demonstrating that Tsg101 is required for epithelial cells to form a tight diffusion barrier across an epithelial sheet.

**Tsg101 knockdown interferes with the polarization of three-dimensional cysts**

Three-dimensional cultures are considered a more physiologically relevant way of investigating cell polarity in vitro (Martin-Belmonte and Mostov, 2008). We therefore used a three-dimensional epithelial cyst formation assay to further investigate the role of ESCRT proteins in regulating epithelial cell polarity. CaCo-2 cells treated with nontargeting siRNA developed into cysts with a single central lumen in 64% of cases (Figure 8B). Remaining cysts failed to develop a lumen or formed epithelial balls containing multiple small cavities. However, upon depletion of Tsg101, CaCo-2 cells formed cysts with a single lumen in only 42% of cases, and the proportion of multilumen cysts doubled (Figure 8B). In summary, these results show that Tsg101 is required for correct epithelial polarity in both two-dimensional and three-dimensional CaCo-2 cell cultures.

**DISCUSSION**

In this study, the consequences of perturbing ESCRT function on the polarity of vertebrate epithelial cells were investigated for the first time to our knowledge. Our data demonstrate that inhibiting ESCRT function with dominant negative constructs or siRNA knockdown causes accumulation of internal claudin-1. The biotinylation assays show claudin-1 is constitutively recycled in epithelial cells, and ESCRT function is required for this recycling. Therefore, the accumulation of claudin-1 in ESCRT-deficient cells can be attributed to a block in this recycling pathway. Finally, the ESCRT protein Tsg101 is shown to be required for maintenance of polarity and establishment of a permeability barrier in epithelial sheets, as well as for epithelial cells to correctly polarize in three-dimensional
cultures. Thus ESCRT function is required for the recycling of a key junction protein and for the correct polarization of vertebrate epithelial cells.

Claudin-1 recycling is a feature of diverse epithelial cell types
Claudins are crucial for producing a tight junction permeability barrier (Van Itallie and Anderson, 2006), which makes understanding the processes regulating localization of claudin proteins central to tight junction biology. Endocytosis of claudins can occur in epithelial cells by a peculiar mechanism involving internalization of plasma membrane from juxtaposed cells (Matsuda et al., 2004) and expression of the ubiquitin ligase LNX1p80 drives endocytosis and degradation of claudin-1 (Takahashi et al., 2009). Our data demonstrate that internalized claudin-1 in unstimulated epithelial monolayers is constitutively and rapidly recycled back to the plasma membrane. We did not detect significant degradation of claudin-1 over the time frame of our assays (minutes), but previous work has shown that over longer time periods (hours/days) claudin-1 is degraded (Takahashi et al., 2009). We propose that, while the majority of endocytosed claudin-1 is recycled, a small percentage is selected for degradation, producing a gradual turnover of claudin-1 in MDCK cells.

Claudin-1 is located in the lateral membrane, as are the junctional complexes of polarized epithelial cells (Rahner et al., 2001; Van Itallie et al., 2003; Vogelmann and Nelson, 2005). Both of these pools are still present in cells expressing CHMP3<sup>1–179</sup>GFP, and we see no evidence of selective depletion of a particular pool. However, as a mobile fraction of claudin-1 exists in tight junctions (Shen et al., 2008), there may well be exchange between lateral and junctional pools of claudin-1. Depletion of one would then cause an indirect depletion of the other pool. This means an effect on a particular pool is likely to be difficult to observe.

This work focuses on claudin-1, but we must mention that we noted in addition to the accumulation of claudin-1 there was accumulation of claudin-2 in CHMP3<sup>1–179</sup>GFP-expressing MDCK cells and claudin-4 in Tsg101 knockdown CaCo-2 cells (Figure S7), suggesting that these claudins may also show ESCRT-dependent recycling. However, there are many examples of individual claudins showing different behaviors, for example, occludin dephosphorylation enhances exchange of junctional claudin-1 and claudin-2, but not claudin-4 (Raleigh et al., 2011), while EGF stimulation induces degradation of claudin-2, but not claudin-1 (Ikari et al., 2010), so a thorough analysis of the trafficking of different claudin family members is required to establish whether they undergo ESCRT-dependent recycling.
and inflammatory bowel diseases (Yang and Weinberg, 2008; Yu and Turner, 2008; Capaldo and Nusrat, 2009). This raises the issue of how this recycling is regulated. Our data show that ESCRT function is required for claudin-1 recycling. This is consistent with previous work showing that ESCRT function is required for the recycling of epidermal growth factor receptor (EGFR) and low-density lipoprotein receptor (LDLR; Yoshimori et al., 2000; Fujita et al., 2003; Doyotte et al., 2005; Baldys and Raymond, 2009). The trafficking of internalized claudin-1 to the plasma membrane after a calcium switch requires Rab13 and its binding protein JRAB/MICAL-L2 (Yamamura et al., 2008). Rab13 is also required for the continuous recycling of occludin in the mouse mammary epithelial line (MTD1a; Morimoto et al., 2005), indicating that Rab13 may be required for our observations of the continuous recycling of claudin-1. Future work will need to study ESCRTs, Rabs, and other regulators of endocytic trafficking to establish how the recycling of claudin-1 is mediated.

Variation between the recycling of claudin-1 and occludin

A feature of this study is the differences seen between the trafficking of claudin-1 and occludin. Claudin-1 was recycled in kidney (MDCK), colon (CaCo-2), and lung (16-HBE) cell lines. In contrast, occludin was recycled and degraded in CaCo-2 and 16-HBE cells, while in MDCK cells it was not endocytosed over the time frame analyzed. Previous work has shown that in MTD1a cells, occludin is rapidly endocytosed and recycled to the plasma membrane, whereas claudin-1 is not (Morimoto et al., 2005). It appears that there is cell type–specific variation in the trafficking of claudin-1 and occludin, so that in some cells types they are both undergoing rapid trafficking, while in others trafficking is restricted to one of these junction proteins.

Perturbing ESCRT function caused intracellular accumulation of claudin-1 but not occludin. In MDCK cells, low levels of occludin endocytosis may explain this difference. However, claudin-1 and occludin are both endocytosed in CaCo-2 cells, but only claudin-1 accumulates. There are a number of independent recycling pathways (Grant and Donaldson, 2009), and our data may indicate that claudin-1 is returned to the plasma membrane by a pathway requiring ESCRT function that is distinct from the pathway used to recycle occludin. Consistent with junctional proteins following independent endocytic trafficking routes is data showing that selective internalization of tight junction proteins occurs (Hopkins et al., 2003; Yu and Turner, 2008). This internalization may be mediated by specific ubiquitin ligases, such as LNX1p80 for claudin-1 (Takahashi et al., 2009). Itch for occludin (Traweger et al., 2002), and Hakai for E-cadherin (Fujita 2009). The continuous recycling of claudin-1 adds an important element to our understanding of claudin trafficking and supports a model whereby stability of cell contacts in epithelial monolayers is maintained by a balance between disassembly and assembly of cell junctions (Shen and Turner, 2008). Disruption of tight junction protein recycling would tend to lead to weakening or perhaps disassembly of tight junctions. Therefore it is tempting to speculate that claudin recycling might be altered in the wide range of pathogenic states associated with altered epithelial junctions, such as cancer...
Individual ESCRT proteins are required to maintain polarity and prevent tissue overgrowth in Drosophila (Moberg et al., 2005; Thompson et al., 2005; Vaccari and Bilder, 2005, 2009; Herz et al., 2006, 2009; Rodahl et al., 2009; Vaccari et al., 2009), and our data show that this requirement is conserved in vertebrate epithelial cells. It is currently not clear why ESCRT proteins are required to maintain polarity, but the widespread role of endocytic traffic in regulating signaling suggests that altered polarity signaling may be responsible (Vaccari and Bilder, 2009).

On the basis of our results, we propose that a failure to return junctional proteins to the cell surface, where they normally function, provides an additional mechanism that might destabilize epithelial junctions and contribute to the loss of polarity. Simply inhibiting claudin-1 recycling is unlikely to explain the loss of polarity, as claudin-1 knockout mice have an epidermal defect but apparently do not experience a large-scale loss of epithelial polarity (Furuse et al., 2002). However, epithelial cells contain many junctional proteins, and it seems possible the recycling of a number of these could require ESCRT function, so a loss of recycling combined with alterations in signaling might cause the loss of epithelial polarity.

**ESCRTs as tumor suppressors**

The reduced ability of ESCRT knockdown cells to polarize supports the hypothesis that ESCRT proteins could function as tumor suppressors in mammals. Previous work has shown that the ESCRT-I component VPS37A has reduced expression in hepatocellular carcinoma (Xu et al., 2003), the ESCRT-III component CHMP1A has lower expression in pancreatic tumors (Li et al., 2008), and knocking down the expression of CHMP1A in human pancreatic ductal tumor cells increases cell growth (Li et al., 2008). However, mouse knockout studies have not supported a tumor suppressor function of ESCRT proteins (Ruland et al., 2001; Wagner et al., 2003), although it may be that apoptosis masks the tumorigenic potential, as is the case in Drosophila (Thompson et al., 2005). There are also reports of increased expression of ESCRT proteins in tumors (Liu et al., 2002; Oh et al., 2007; Toyoshima et al., 2007; Young et al., 2007), and it has been suggested that the overexpressed protein may have a dominant negative effect (Vaccari and Bilder, 2009). In cancers with reduced ESCRT function, the cells may have increased signaling from growth factor receptors such as the EGFR (Malerod et al., 2007). Our work shows that a reduction in ESCRT function in vertebrate epithelial cells promotes a loss of the normal polarized epithelial monolayer. Therefore loss of ESCRT function in cancer...
cells could cause increased proliferation together with less stable tissue architecture, two of the key features acquired by tumor cells (Hanahan and Weinberg, 2000).

MATERIALS AND METHODS
Antibodies and DNA constructs
The DNA constructs CHMP3<sup>1–179</sup>GFP, GFP-Vps4<sup>235C</sup>, and GFP-Vps4<sup>447T</sup> have been described previously (Whitley et al., 2003; Dukes et al., 2008), and the GFP construct used was pCS2-GFP (Chalmers et al., 2006). Rabbit anti-claudin-1<sup>*</sup> (59–9000), mouse anti-claudin-2<sup>*</sup> (32–5600), mouse anti-claudin-4<sup>*</sup> (32–9400), rabbit anti-occludin (71–1500), mouse anti-occludin<sup>*</sup> (33–1500), mouse anti-ZO-1 (33–9100), mouse anti-E-cadherin (33–4000), mouse anti-TIR (13–6800), and rabbit anti-Rab11 (71–5300) were all purchased from Zymed (San Francisco, CA), and all used at a dilution of 1:25 for immunofluorescence and 1:1000 for Western blotting (anti-claudin-1, anti-occludin, and anti-TIR). Rabbit anti-PKC<sup>α</sup> (C-20; sc-216; 1:75) and mouse anti-CD63 (sc5275; 1:1000) were obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Mouse anti-ubiquitin (recognizes mono- and polyubiquitylated conjugates; clone FK2; 1:50) and rabbit anti–furin convertase (canine; 1:300) were purchased from Enzo Life Sciences (Plymouth Meeting, PA). Mouse anti-Tsg101 (4A10; ab83; 1:1000), rabbit anti-NUMB<sup>*</sup> (ab14140; 1:50), mouse anti-desmoglein-2 (ab14415; 1:25), and mouse anti-M6PR (ab2733; 1:200) were purchased from AbCam (Cambridge, UK). Mouse anti-EEA1 was purchased from BD Biosciences (610457; San Jose, CA; 1:100). Mouse anti-β-tubulin (T4026; 1:5000) was purchased from Sigma-Aldrich (St. Louis, MO). Mouse anti-GP135 (Ojakian and Schwimmer, 1988) was a kind gift from George Ojakian (SUNY Downstate Medical Center, Brooklyn, NY) and used at a dilution of 1:10. Mouse anti-LAMP1* (Developmental Studies Hybridoma Bank, University of Iowa, Iowa City, IA) was a kind gift from Scott Lawrence (University College, London, UK) and used at a dilution of 1:500. Species-specific fluorophore-conjugated anti–immunoglobulin G secondary antibodies (Alexa Fluor 488, 546, and 633 nm) were all purchased from Molecular Probes, and each was used at a dilution of 1:200 (Invitrogen, Carlsbad, CA). Goat anti–mouse-HRP–conjugated secondary antibody was obtained from Sigma-Aldrich and goat anti–rabbit-HRP was purchased from Pierce (Rockford, IL) and used at a 1:5000 dilution.

Generation of adenovirus
The generation of high-titer, purified adenoviruses using the Iowa adenovirus system has been described previously (Anderson et al., 2002). Briefly, Ad-expressing CHMP3<sup>1–179</sup>GFP (Ad-CHMP3<sup>1–179</sup>GFP) was prepared by subcloning the DNA construct into pacAd5 CMV K-N pA shuttle vector (a kind gift from Beverly Davidson, University of Iowa). This was then digested with PacI alongside the K-N pA shuttle vector (a kind gift from Beverly Davidson, University of Iowa–San Francisco, San Francisco, CA; Cozens et al., 1994) were maintained at 37°C and 5% CO<sub>2</sub> in DMEM supplemented with 10% (vol/vol) fetal bovine serum (FBS), 2 mM L-glutamine, 100 U/ml penicillin, and 100 μg/ml streptomycin. CaCo-2 cells (#86010202; ECACC) were similarly maintained, except for the addition of 20% (vol/vol) FBS, 1x nonessential amino acids and 10 mM HEPES. All cell media and supplements were purchased from Lonza (Basel, Switzerland). Cells were tested for mycoplasma contamination using MycoAlert (Lonza). Cells were plated onto 13-mm coverslips in 24-well plates (Nunc, Roskilde, Denmark) and grown until ∼80–90% confluent, at which time they were transfected with Lipofectamine 2000 (Invitrogen) according to the manufacturer’s instructions.

Immunofluorescence
At 24 h posttransfection, cells were fixed with 4% (wt/vol) paraformaldehyde fixation buffer (PFA) in phosphate-buffered saline (PBS) for 20 min and permeabilized in methanol cooled to −20°C for 5 min. Cells stained with antibodies indicated by an asterisk (see Antibodies and DNA constructs) were fixed and permeabilized with methanol cooled to −20°C for 10 min. Cells were then blocked with 10% (vol/vol) FBS in PBS for 30 min. Primary and secondary antibodies were diluted in 2% FBS-PBS (2% FBS in PBS), and cells were incubated with primary antibodies for 2 h at 18°C and with secondary antibodies for 1 h. Cells were washed five times for 5 min (per wash) with 2% FBS-PBS following all antibody incubations. Stained cells were then mounted in Mowiol (Calbiochem, San Diego, CA) containing DAPI (Sigma-Aldrich) and examined on a Zeiss LSM510META laser-scanning confocal microscope with images taken.

siRNA knockdowns
siRNA oligonucleotides and reagents were purchased from Dharmacon (Thermo Fisher Scientific, Lafayette, CO). Tsg101 was depleted using ON-TARGETplus individual siRNA duplex (CGGUUUA-GAUCAGAAGUAA; J-003549-06). As a control, ON-TARGETplus Non-targeting siRNA was used. CaCo-2 cells were plated at high density into either six-well plates (for Western blotting; Nunc), or onto 13-mm glass coverslips (for immunofluorescence), and incubated with complete CaCo-2 growth media (lacking antibiotics) at 37°C, 5% CO<sub>2</sub> for 4 h to adhere. Cells were transfected with 100 nM of siRNA using DharmaFECT 1 transfection reagent according to the manufacturer’s instructions and incubated at 37°C, 5% CO<sub>2</sub> for the desired time period, with media changed after 3 d.

Endocytosis and recycling biotin assays
The biotinylation assay to study endocytosis and recycling of tight junction proteins was modified from a method described previously (Nishimura and Sasaki, 2008). Confluent cells plated on to 35-mm dishes were transferred to ice and washed with PBS supplemented with 0.9 mM CaCl<sub>2</sub> and 0.33 mM MgCl<sub>2</sub> (PBS-CM). Cells were then incubated with the cleavable non-membrane-permeable sulfo-NHS-SS-biotin (Pierce; in PBS-CM) at a concentration of 0.5 mg/ml for 30 min on ice. Free biotin was then quenched using 50 mM NH<sub>4</sub>Cl (in PBS-CM) for 15 min (4°C). For the endocytosis assay, prewarmed complete growth medium was added, and cells were returned to 37°C for indicated times. Cells were then transferred to ice to stop endocytosis, and surface (nonendocytosed) biotin was stripped by reduction with 100 mM 2-mercaptoethanesulfonate (MESNA) in Tris-buffered saline supple-
mented with 10% (vol/vol) fetal bovine serum (FBS), 2 mM L-glutamine, 100 U/ml penicillin, and 100 μg/ml streptomycin. CaCo-2 cells (#86010202; ECACC) were similarly maintained, except for the addition of 20% (vol/vol) FBS, 1x nonessential amino acids and 10 mM HEPES. All cell media and supplements were purchased from Lonza (Basel, Switzerland). Cells were tested for mycoplasma contamination using MycoAlert (Lonza). Cells were plated onto 13-mm coverslips in 24-well plates (Nunc, Roskilde, Denmark) and grown until ∼80–90% confluent, at which time they were transfected with Lipofectamine 2000 (Invitrogen) according to the manufacturer’s instructions.

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with 5 mg/ml iodoacetamide (in PBS-CM) three times for 5 min each time.

For the recycling assay, this process was repeated with 20-min incubations at 37°C in complete growth medium. To control for potential loss of biotinylated cargo via degradation, a recycling condition was included that lacked the second MESNA treatment. Thus any loss in biotinylated cargo at this step, relative to the endocytosis step, would indicate a loss in signal due to degradation of cargo instead of recycling. Cells were lysed (1.25% [vol/vol] Triton X-100, 0.25% [wt/vol] SDS, 50 mM Tris-HCl, pH 8.0, 150 mM NaCl, 5 mM EDTA, 5 mg/ml iodoacetamide, 10 μg/ml APMSP) on ice, pulse-sonicated, and centrifuged at 15,000 × g to remove large/nuclear debris. An equal volume of the postnuclear supernatant was taken from each sample for use as a loading control. Biotinylated proteins were collected by incubation with Neutravidin beads (Pierce), rotating overnight at 4°C. Beads were then washed by centrifuging at 1000 × g, five times with wash buffer (0.5% [vol/vol] Triton X-100, 0.1% [wt/vol] SDS, 50 mM Tris-HCl, pH 8.0, 150 mM NaCl, 5 mM EDTA) and 3 times with PBS-CM. Reducing sample buffer was then added to each sample to release biotinylated proteins from the beads and, following boiling, samples were loaded onto a 15% Tris-glycine SDS-PAGE gel. Separated proteins were transferred to nitrocellulose and immunoblotted for the protein indicated. Signals were detected by enhanced chemiluminescence or Chemiglow reagents. Proteins were detected using Odyssey (LI-COR Biosciences, Lincoln, NE) or LAS-3000 (Fujifilm, Tokyo, Japan) and quantified using ImageJ (available at http://nihimage.nih.gov/ij/).

Caco-2 TER measurements
Caco-2 cells were plated into six-well Nunc plates and transfected with ON-TARGETplus Non-targeting siRNA or Tsg101 siRNA, as detailed previously. Cells were incubated at 37°C, 5% CO₂ for 3 d. Cells were washed in PBS, trypsinized, and resuspended in antibiotic-free CaCo-2 growth media. Cells were plated in triplicate on Transwell (#3470; Corning Life Sciences, Corning, NY) permeable polyester filters (0.4-μm pore size, 0.33-cm² surface area) at 2.5 × 10⁵ cells/filter and incubated at 37°C, 5% CO₂. TER was measured every 24 h for 4 d using a EVOM TER machine with an Endohm-6 chamber (World Precision Instruments, Sarasota, FL), with media changed after every reading.

Caco-2 three-dimensional cyst culture and immunofluorescence
Caco-2 cells were plated into six-well Nunc plates and transfected with ON-TARGETplus Non-targeting siRNA or Tsg101 siRNA, as detailed previously. Cells were incubated at 37°C, 5% CO₂ for 3 d. Cells were washed in PBS, trypsinized and resuspended in antibiotic-free CaCo-2 growth media. A cell/matrix mix was prepared containing 5.8 × 10⁵ Caco-2 cells/ml, 0.02 M HEPEs (pH 7.4), 1 mg/ml Collagen I (Inamed Biomaterials, Fremont, CA), and 40% Growth Factor Reduced BD Matrigel Matrix (BD Biosciences). The cell/matrix mix was plated into an eight-chamber slide, incubated at 37°C, 5% CO₂ for 1 h to solidify, and overlaid with antibiotic-free CaCo-2 growth me-
dium. Cysts were allowed to develop for 10 d at 37°C, 5% CO₂, with media changed every 3–4 d. After a 10-d culture, cysts were washed in PBS, treated with 5U/ml Collagenase VII (Sigma-Aldrich) for 15 min, and fixed in 4% [wt/vol] PFA for 30 min at room temperature. Cysts were washed three times for 20 min with 1X wash buffer (10X stock, pH 7.4: 1.3 M sodium chloride, 70 mM dibasic heptahydrate sodium phosphate, 30 mM monobasic monohydrate sodium phosphate, 77 mM sodium azide, 1% [wt/vol] BSA, 2% [vol/vol] Triton-X 100, 0.4% [vol/vol] Tween-20; all Sigma-Aldrich). Cysts were incubated with blocking buffer (10% [vol/vol] PBS in 1X wash buffer) for 1 h at room temperature, and the incubated with primary antibodies diluted in blocking buffer overnight at 4°C. Cysts were washed three times for 20 min with 1X wash buffer and incubated with secondary antibodies diluted in blocking buffer for 1 h at room temperature. After a further three 20-min washes with 1X wash buffer, cysts were rinsed twice in PBS and postfixed in 4% (wt/vol) PFA for 30 min at room temperature. Cysts were washed three times for 5 min with PBS and incubated with DAPI (4 μg/ml) for 30 min at room temperature to stain the nuclei. After a final rinse in PBS, cysts were mounted in Mowiol (Calbiochem) and examined on a Zeiss LSM510 META laser-scanning confocal microscope (Welwyn Garden City, UK).

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